

MICHAEL *J.* JOHNSON



Sitting

SATB a cappella

Sitting

(It's a wonderful thing to do)

Brian Jordan Alvarez
arr. Michael J. Johnson

$\text{♩} = 80$

Soprano *mf* Sit - ting! Sit - ting is the opp - o - site of stand - ing, sit - ting is the opp - o - site of

Alto *mf* Sit - ting! Sit - ting is the opp - o - site of stand - ing, sit - ting is the opp - o - site of

Tenor *mf* Sit - ting! Sit - ting is the opp - o - site of stand - ing, Ah, _____

Bass *mf* Sit - ting! Sit - ting is the opp - o - site of stand - ing, Ah, _____

5 *cresc.*

S run - ning a - round, sit - ting is a won - der - ful thing — to — do, be - cause you

A run - ning a - round, Ah — thing — to — do, be - cause you

T (ah) — thing — to — do, be - cause you

B (ah) — thing — to — do, be - cause you

A

S *f* sit - ting! — Sit - ting is the opp - o - site of stand - ing on — your head, sit - ting is the opp - o - site of

A *f* sit - ting! — Ah, — Ah, —

T *f* sit - ting! — Ah, — sit - ting is the opp - o - site of

B *f* sit - ting! — Ah, — Ah, —

13 *dim.* Sitting *mp*

S hang - ing from a bar, sit - ting is a won - der - ful thing to do! I got one thing to

A (ah) Ah, thing to do!

T hang - ing from a bar, won - der - ful thing to do! I got one thing to

B (ah) won - der - ful thing to do!

B start stomp/clap *f*

S say: I think that sit - ting is some - thing that peo - ple say, "It is bad," but

A *mf* sit sit sit sit sit sit sit sit

T *f* say: I think that sit - ting is some - thing that peo - ple say, "It is bad," but

B *mf* doo choo doo choo doo choo doo choo doo

21 *end stomp/clap* *sub. p*

S you know that sit - ting is act - ual - ly good be - cause you de - serve to re - lax. It's

A sit sit sit sit sit sit sit It's *sub. p*

T you know that sit - ting is act - ual - ly good be - cause you de - serve to re - lax. It's *sub. p*

B doo choo doo choo doo choo doo choo It's *sub. p*

25 *sotto voce* *cresc.* **Sitting**

S kind - a like a nap, it's kind - a like some - thing else, but it is act - ual - ly just

A kind - a like a nap, it's kind - a like some - thing else, but it is act - ual - ly just

T kind - a like a nap, it's kind - a like some - thing else, but it is act - ual - ly just

B kind - a like a nap, it's kind - a like some - thing else, but it is act - ual - ly just

C *mf*

S sit - ting! Sit - ting is the opp - o - site of stand - ing, sit - ting is the opp - o - site of

A *mf* sit - ting! Sit - ting is the opp - o - site of stand - ing, sit - ting is the opp - o - site of

T *mf* sit - ting! Sit - ting is the opp - o - site of stand - ing, Ah

B *mf* sit - ting! Sit - ting is the opp - o - site of stand - ing, Ah

33 *rit.* *dolce*

S run - ning a - round, you de - serve to sit!

A run - ning a - round, you de - serve to sit!

T (ah) you de - serve to sit!

B (ah) you de - serve to sit!